

# Specials-Week 2 – Please choose one square per day to complete

Music	Art	Media	PE
Go outside and listen to the nature sounds. Is this music? Why or why not? Discuss with a family member.	Draw and color a still life with 3-5 objects.	Read a book for 25 minutes and retell what you read to a family member.	Do three sets of 15 crunches.
<a href="https://www.youtube.com/watch?v=Va8Uz6MoKLg">https://www.youtube.com/watch?v=Va8Uz6MoKLg</a> Listen to Mr. Bowie tell the story of <i>Peter and the Wolf</i> .	Draw a piece of fruit and add value using your pencil.	Describe and draw a character from a book you are reading.	See how long you can hold a plank, three times in a row.
<a href="https://www.youtube.com/watch?v=gTJfITfbYNA">https://www.youtube.com/watch?v=gTJfITfbYNA</a> Watch the Blue Man Group perform.	Draw and color a landscape that includes foreground, middle ground and background.	Go to YouTube and find <i>Green Eggs and Ham</i> . Write down the words in the book.	Try to do 5 more pushups than last week.
Learn a new song, show it to a family member, teach it to a sibling or friend.	Take your paper/pencil outside and color your favorite tree.	What genre of book is your favorite? Explain to your family.	Do jumping jacks for 60 seconds.