

## Specials - Week 4

### **Directions:**

Please choose one square to complete per day - It is the expectation that you email your child's special teacher the assignment they complete each day of the week. You can send links, pictures, videos, or a statement explaining what your child completed written by you or the student.

### **Art**

Mrs. Glasterrer - [glasstetterj@fultonschools.org](mailto:glasstetterj@fultonschools.org)

Mrs. Ackerman - [ackermanm@fultonschools.org](mailto:ackermanm@fultonschools.org)

### **PE**

Coach Richardson - [richardsonf@fultonschools.org](mailto:richardsonf@fultonschools.org)

Coach Green - [greenm1@fultonschools.org](mailto:greenm1@fultonschools.org)

### **Music**

Ms. Wehr - [wehrb@fultonschools.org](mailto:wehrb@fultonschools.org)

Ms. Boehnlein - [boehnleinn@fultonschools.org](mailto:boehnleinn@fultonschools.org)



### **STEM/MEDIA**

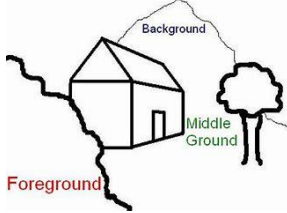
Mr. Groce - [grocehd@fultonschools.org](mailto:grocehd@fultonschools.org)

Mrs. Scholberg - [scholbergl@fultonschools.org](mailto:scholbergl@fultonschools.org)

|       |     |            |    |
|-------|-----|------------|----|
| Music | Art | STEM/MEDIA | PE |
|-------|-----|------------|----|

|   |  |  |   |
|---|--|--|---|
| <p>Go to <a href="#">Chrome Music Lab</a>, and click on the square named "Oscillators." Play around with the different shapes. How do the various shapes of waves sound different from each other? Try and think of creative adjectives to describe each one.</p> | <p>Create a Kumihimo woven bracelet! All you need is a small piece of cardboard, scissors and string! <a href="#">Click here for instructions.</a></p>  | <p>Fill a ziplock bag with water, seal it tight, then stick pencils through it like the large picture on the right below.</p> <p>Research on google: How did the water not seep through the holes??</p>  | <p style="text-align: center;"><b>TABATA FITNESS STATION</b></p> <p>Notes to instructors:</p> <p>Help older students work to improve their health-related fitness and teach them an effective way to stay healthy and fit at home. The exercise routines in this packet are created using Tabata training methodology.</p> <p>Click on the link and find <b><u>TABATA JACKS.</u></b></p> <p>Make sure you complete all sets of 8.</p> <p style="text-align: center;"><a href="#">TABATA FITNESS STATIONS click here</a></p> |
| <p>If you were an instrument in an orchestra, which one would you be? Why? Discuss with a family member. (To review the instruments of the orchestra, you can watch <a href="#">this video.</a>)</p>  | <p>Create a postcard or stamp design that brings together art and the state of Georgia. Extension: Research local artists for inspiration on your design.</p>  | <p>Go to <a href="http://www.tinkercad.com">www.tinkercad.com</a></p> <p>username: <a href="mailto:grocehd@fultonschools.org">grocehd@fultonschools.org</a></p> <p>password: mrgroce1</p> <p>Click "Create new design"</p> <p>Instructions: Build</p>                                      | <p style="text-align: center;"><b>TABATA FITNESS STATION</b></p> <p>Notes to instructors:</p> <p>Help older students work to improve their health-related fitness and teach them an</p>   |

|   |  |   |  |
|---|--|---|--|
|   |   | <p>something you consider “futuristic” and explain to a family member how it works.</p>   | <p>effective way to stay healthy and fit at home. The exercise routines in this packet are created using Tabata training methodology.</p> <p>Click on the link and find <a href="#">TABATA PLANKS</a>.</p> <p>Make sure you complete all sets of 8.</p> <p><a href="#">TABATA FITNESS STATIONS click here</a></p>  |
| <p>Go to <a href="#">Chrome Music Lab</a>, and click on the square named “Song Maker.” Try to make a song with an ABA form (the beginning and the end are the same, with something different in the middle). Share your composition with Ms. Wehr or Ms. Boehnlein!</p> | <p>Make a collage. Cut different facial features from magazines and arrange them into a face. Example: Eyes, nose, ears, mouth, etc. Take a look here at Pablo Picasso’s work for inspiration!</p>  | <p>Log into myOn.<br/> School: Get Georgia reading<br/> User: fultoncounty<br/> Pw: read</p> <p>Read at least one of these three books</p> <ol style="list-style-type: none"> <li>1. Levi Strauss and Blue Jeans</li> <li>2. Frank Zamboni and the Ice-Resurfacing Machine</li> <li>3. Hedy Lamarr and a Secret Communication System.</li> </ol> <p>Have you ever wanted to invent something? Discuss your ideas with a family member</p> | <p><b>TABATA FITNESS STATION</b></p> <p>Notes to instructors:</p> <p>Help older students work to improve their health-related fitness and teach them an effective way to stay healthy and fit at home. The exercise routines in this packet are created using Tabata training methodology.</p> <p>Click on the link and find <a href="#">TABATA LEGS</a>.</p> <p>Make sure you complete all sets of 8.</p> <p><a href="#">TABATA FITNESS STATIONS click here</a></p> |

|  |   |  |   |
|--|---|--|---|
|  |   |  |   |
| <p>Create your own Quaver account! You can find instructions on the specials website.<br/> <a href="https://manningoaksspecials.weebly.com/music.html">https://manningoaksspecials.weebly.com/music.html</a></p> | <p>Explore a <a href="#">National Park digitally here</a> after viewing the video draw your own landscape inspired by the park you "visited". Be sure to label which park at the top of your landscape drawing. Be sure to have a foreground, middleground and background.</p>  | <p>Watch and read at least two of the following:<br/> <a href="https://www.youtube.com/watch?v=dSVflc4l8Lk">https://www.youtube.com/watch?v=dSVflc4l8Lk</a><br/> <a href="https://www.youtube.com/watch?v=IFyU1A-li34">https://www.youtube.com/watch?v=IFyU1A-li34</a><br/> <a href="https://www.youtube.com/watch?v=WNVLYeAtNqM">https://www.youtube.com/watch?v=WNVLYeAtNqM</a><br/> <a href="https://www.youtube.com/watch?v=FFm_I_S4slvo">https://www.youtube.com/watch?v=FFm_I_S4slvo</a><br/> <a href="https://www.youtube.com/watch?v=CsFIF8CSuvw">https://www.youtube.com/watch?v=CsFIF8CSuvw</a><br/> <a href="https://www.youtube.com/watch?v=S5tDe2vP9fc">https://www.youtube.com/watch?v=S5tDe2vP9fc</a><br/> <a href="https://www.youtube.com/watch?v=kCj353b5uMg">https://www.youtube.com/watch?v=kCj353b5uMg</a><br/> <a href="https://www.youtube.com/watch?v=rk5L2dwSqpl">https://www.youtube.com/watch?v=rk5L2dwSqpl</a></p> <p>Discuss how the different Cinderella stories are different and how they are the same with your family.</p> | <p><b>TABATA FITNESS STATION</b></p> <p>Notes to instructors:</p> <p>Help older students work to improve their health-related fitness and teach them an effective way to stay healthy and fit at home. The exercise routines in this packet are created using Tabata training methodology.</p> <p>Click on the link and find <a href="#">TABATA MIX ROUTINE 2</a>.</p> <p>Make sure you complete all sets of 8.</p> <p><a href="#">TABATA FITNESS STATIONS click here</a></p> |