# Specials - Week 5

# **Directions:**

Please choose one square to complete per day - It is the expectation that you email your child's special teacher the assignment they complete each day of the week. You can send links, pictures, videos, or a statement explaining what your child completed written by you or the student.

## Art

Mrs. Glastetter - glastetterj@fultonschools.org

Mrs. Ackerman - ackermanm@fultonschools.org

## PE

Coach Richardson - <u>richardsonf@fultonschools.org</u>
Coach Green - <u>greenm1@fultonschools.org</u>

## Music

Ms. Wehr - wehrb@fultonschools.org

Ms. Boehnlein - boehnleinn@fultonschools.org

## STEM/MEDIA

Mr. Groce - grocehd@fultonschools.org

Mrs. Scholberg - scholbergl@fultonschools.org

Music	Art	STEM/MEDIA	PE
Ask your mom or dad about their favorite song when they were growing up. Listen to it together. What do you like about it? What do you dislike about it? What does your parent like about it? Now, listen together to your favorite song. How are the two songs the same? How are they different?	What is art? Watch this video on what is art?  Look at these two pieces of art, pick the one that you like the most, write why you think it is art. Why do you like it?	Read https://www.myon. com/reader/index. html?a=low_wzani s15  Has your family ever had a Russian egg roulette game or a cardboard tube game? Which zany sport sounds like the most fun? Which one would you most definitely not want to do? Let me know!	Strong by Zumba  Click on the link below for a quick Zumba workout.  Zumba  Fun Dance Activities  Today, we're going to learn a new dance and then reflect on how our activity makes us feel. Follow the steps below and then answer the journal questions on the next page.  1. Follow along with the video and learn the dance.  2. Follow the video and work on memorizing the movements.  (Try the dance at least 2 or 3 times all the way through.)  3. When you feel ready, dance to the music only – without the video.  Click below  Cross & Dip
Sign up for your own Quaver account! You can find the instructions here.	Create a self portrait inspired by Pablo Picasso. Draw or create a collage out of magazines/newspapers.	Media: Watch and read: https://www.youtub e.com/watch?v=0e mOAHuiYPE Solve:	Strong by Zumba 7 Minutes to Stronger  Click here for 7 minutes workout  Fun Dance Activities









Today, we're going to

learn a new dance and then reflect on how our activity makes us feel. Follow the steps below and then answer the journal questions on the next page.

- 1. Follow along with the video and learn the dance.
- 2. Follow the video and work on memorizing the movements.

(Try the dance at least 2 or 3 times all the way through.)

3. When you feel ready, dance to the music only – without the video.

Click below

YAAAS Bounce

Watch this video about body percussion. Try and move along with them. Then, you can make up your own rhythm and teach it to your family! Draw 2020 in One Point Perspective!

- 1. <u>Click here for the steps</u>
- 2. If you need to see an example <u>click here</u>



Tell me who you suspect!

### Strong By Zumba

ARMS + CHEST + BACK - STRONG by Zumba

#### Click here

#### **Fun Dance Activities**

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- 1. Follow along with the video and learn the dance.
- 2. Follow the video and work on memorizing the movements.

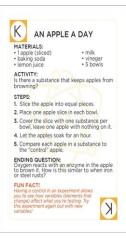
(Try the dance at least 2 or 3 times all the way through.)

3. When you feel ready, dance to the music only – without the video.

Slide Up & Back

Think of your favorite instrument. If that instrument was a color, what would it be? Why? Think of adjectives you could use to describe both an instrument and a color.

Can you create a digital drawing using <u>autodesk</u> <u>sketchbook</u> of your favorite cartoon or video game character? Try to add as many details as you can and to keep it school appropriate.



### Strong By Zumba

STRONG by Zumba 7 Minutes to Stronger: ABS + CORE

Click here

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- 2. Follow the video and work on memorizing the movements.

(Try the dance at least 2 or 3 times all the way through.)

3. When you feel ready, dance to the music only – without the video.

Side Bounce