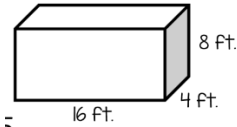


Directions: Choose activities on this choice board. You should work at least **90 minutes a day** on these assignments. We will be grading these assignments upon return to school. Submit your assignments via OneNote, email, or hard copy (paper form).

<p style="text-align: center;"><u>SOCIAL STUDIES</u></p> <p>Using the blank map that is attached, add a compass (north, south, east and west) and label the following events:</p> <ul style="list-style-type: none"> • Montgomery Bus Boycott • September 11, 2001 attack • Angle Island • Ellis Island • Cattel Drives • Kitty Hawk • Dust Bowl • Gold Rush • March on Washington • The state we live in 	<p style="text-align: center;"><u>READING</u></p> <p>Read the passage below: Should kids be Allowed to Pass on gym class.</p> <p>Summarize each side: Jump into Gym! and PE It's Up to Me</p> <p>Answer the comprehension questions below. There is an answer key attached.</p>	<p style="text-align: center;"><u>MATH</u></p> <p>The equation for volume is Length x Width x Height. ($V = L \times W \times H$)</p> <div style="text-align: center;">  </div> <p>Find the volume of the figure above. Then find the volume of things around your house. Examples: tissue box, book, table, ect., or go on OneNote for more task cards for finding volume.</p>																
<p style="text-align: center;"><u>WRITING</u></p> <p>This month is Women's History Month!</p> <p>Research a current or historical woman that you admire.</p> <p>Write an informational essay including text features (bold words, pictures, heading) and text structure (cause/effect, problem/solution, chronological order).</p>	<p style="text-align: center;"><u>MATH</u></p> <p>Log into iReady or Prodigy for at least 40 minutes. If you chose iReady, complete at least two lesson.</p>	<p style="text-align: center;"><u>READING</u></p> <p>Log onto iReady through the launchpad. Complete at least 2 iReady lessons.</p> <p>Or if you have an account from Mrs. Scott: Log into Imagine Learning through Classlink. Complete at least two lessons.</p>																
<p style="text-align: center;"><u>SCIENCE</u></p> <p>If chemical changes were a Boy Band, design a t-shirt for them.</p> <p>Remember clues for a chemical change include color change, smell, new physical property, substance given off, and temperature change.</p>	<p style="text-align: center;"><u>WRITING</u></p> <p>Who do you think is the best singer?</p> <p>Be sure to include the following:</p> <ul style="list-style-type: none"> • What is your claim/opinion? • What reasons support your claim/opinion? <p>If you have access, type your opinion writing in Word in your Microsoft 365. Share your document with me.</p>	<p style="text-align: center;"><u>SOCIAL STUDIES</u></p> <p>Watch the BrainPOP on The Apollo Project</p> <p>As you watch this video, create a T chart that describes the important people and their contributions during the Apollo Project.</p> <div style="text-align: center;"> <table border="1" data-bbox="1112 1795 1453 1984"> <thead> <tr> <th style="width: 50%;">Important people</th> <th style="width: 50%;">Contributions</th> </tr> </thead> <tbody> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> </tbody> </table> </div>	Important people	Contributions														
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Should kids be allowed to pass on gym class?

Lawmakers in Florida want kids to get moving. Back in 2009, the state began requiring middle school students to take a semester of physical education (PE) each year. But thousands of kids aren't sweating this law. Students may opt out of gym class with a note from a parent.

In some middle schools, more than one-third of students are choosing to skip PE, according to preliminary data from the Florida Department of Education. Many of those students are instead taking classes in the fine arts, such as drama or music. Others are using the time to get extra help with math or reading. Some people say it's OK to pass on PE as long as kids are getting exercise outside school.

Others say gym class is needed to address some unhealthy statistics. Obesity rates for kids ages 12 to 19 have tripled since 1980, according to the Centers for Disease Control and Prevention. PE proponents say students who learn to lead active lifestyles will keep those healthy habits with them as they become adults.

Student reporters Gray Robertson and Destiny Cuevas line up on opposite sides of the gym class debate.

Jump Into Gym!

Should kids be allowed to opt out of gym classes? Absolutely not! PE is a great way to get and stay healthy. It gives you a chance to burn off calories. In some cases, it might be the only exercise kids get each day. The problem of obesity has infected our society. PE is a great way to fight that troubling trend.

PE is also fun. "Gym gives me a chance to have some free time, and I thoroughly enjoy getting a chance to relieve my stress and take a break from my other classes," says Cooper Barnes, 13, a seventh grader from Mountain Brook, Ala.

There's more to PE than athletics. You can also develop self-confidence and learn how to work as a team. "I love seeing students work together creatively. ... PE is the next progression of recess that we all loved in elementary school," says Zach Skipper, an athletics coach at Mountain Brook Junior High School.

PE—it's Up to Me

Students should be able to choose to skip gym class. Instead, they can take a class that interests them more, such as art, drama, or music.

Many students are embarrassed because they aren't very athletic. They may get teased or feel left out in gym class. These students may be more comfortable exercising on their own time, in after-school sports or even hiking or bike riding. "Students need to exercise daily," says

Russ Barnes, a math and gym teacher at Cuyama Elementary School in New Cuyama, Calif. "As long as that happens, then gym class could be offered as an elective."

There are alternatives to gym class. Schools could offer classes that aren't as tough as gym but still include exercise. Classes that are less stressful include archery, track, and yoga. That way, students are participating in classes they enjoy, getting a good grade, and getting the exercise they need.

Name: _____ Date: _____

1. According to the passage, which of the following are students NOT doing instead of gym class?

- A. playing video games in the cafeteria
- B. exercising outside of school
- C. getting extra help in math or reading
- D. taking other classes in the fine arts

2. Gray Robertson argues that kids should not be allowed to opt out of gym class. What does Destiny Cuevas argue in response?

- A. The government should make a law that all students should practice yoga.
- B. Gym teachers should evaluate all students to decide which ones should take the PE.
- C. Students should be allowed to exercise in an alternative way
- D. Parents should decide what is best for their children's health.

3. Why might parents allow their kids to opt out of gym class?

- A. They think kids should take other subjects in school.
- B. They think exercise in school is important.
- C. They want their kids to learn teamwork in school.
- D. They don't want to pay for school equipment.

4. Read the following sentence and answer the question:

"PE proponents say students who learn to lead active lifestyles will keep those healthy habits with them as they become adults."

In this sentence, what does the word **proponents** mean?

- A. people that exercise
- B. people that support
- C. people that oppose
- D. people that are obese

5. The main idea of this passage is to

- A. debate whether PE should be optional for students
- B. persuade school leaders to serve healthier food in cafeterias
- C. contrast students that take PE with students that don't take PE
- D. solve the problem of child obesity

6. What are two benefits of gym class, according to the passage?

7. What could be some reasons that the obesity rate for kids tripled since 1980?

8. The question below is an incomplete sentence. Choose the word that best completes the sentence.

Lawmakers in Florida want kids to get moving _____ obesity rates for kids have tripled since 1980.

- A. so
- B. but
- C. because
- D. although



Social and Emotional Lesson

Answer these questions on a sheet of paper or talk about them with a friend or family member.

- **Think of positive attributes of yourself 😊**
- **Write them on a sticky note and post it somewhere where you can see it everyday**

Examples: I am a great singer
I have a friendly smile
I encourage others